

DO YOU WANT TO KNOW MORE?

Please ask the Doorkeeper or any other Friend. You can also find out more from the websites and books on the back of this leaflet.

SUNDAY MEETING FOR WORSHIP AT FOREST HILL.

You would be most welcome to also join us for Meeting for Worship on Sunday. We meet at 10.30 each Sunday and have Children's Meetings in the School Term. Our Children meet in the Children's room and then join us for ten minutes worship at the end of the Meeting.

Sunday Meeting is a much larger Meeting. We have tea and coffee and a chat after Meeting for Worship.

IF YOU WANT TO KNOW MORE

Forest Hill Quaker Meeting:
[www.http://foresthillquakers.org.uk/](http://foresthillquakers.org.uk/)

Quakers in Britain:
[www.http://quaker.org.uk](http://quaker.org.uk)
Telephone Enquiries: 0808 109 1651.
e-mail: outreach@quaker.org.uk

London Quakers
<http://www.londonquakers.org.uk/>

BBC About Quakers
http://www.bbc.co.uk/religion/religions/christianity/subdivisions/quakers_1.shtml

BOOKS

[These should be available in our library]

A Light That Is Shining: an Introduction to the Quakers By Harvey Gillman,

Being a Quaker By Geoffrey Durham

[Also available on Kindle]

Mid Week Meeting for Worship



FOREST HILL

34 Sunderland Road
London
SE23 2QA

www.foresthillquakers.org.uk

WELCOME

This leaflet tries to explain the what will happen the first time you come to Forest Hill Quaker Mid Week Meeting for Worship.

COMING INTO MEETING

Mid Week Meeting for Worship is a small Meeting. There is always someone to welcome you. They will introduce themselves and ask your name. It is their role to welcome everyone to meeting, open and close the Meeting, lock up and make the tea! We don't have priests so the doorkeeper is one of us who attends regularly. If it is your first Quaker Meeting they will give you this leaflet and maybe some other leaflets which you may choose to read during or after Meeting and show you to the Meeting room.

We believe that Meeting for Worship starts as soon as the first person enters the Meeting room and sits down. Go in and sit in ANY chair that you like

except the one right by the window as the door keeper sits in this when they come in so they can keep an eye on the front door for latecomers.

MEETING FOR WORSHIP

Our Meetings are based on silence – a shared silence of waiting and listening.

Sit quietly in silence or you may find it helpful to read this leaflet or the other leaflets you have been given. There may be silence for quite some time. Often Mid Week Meeting for Worship is silent throughout We seek a communal gathered stillness where we can be open to inspiration.

One or more people during the meeting may feel moved to 'minister'. These are not special people, at least no more special than anyone else, and if you feel moved to speak your contribution will be just as welcome as anyone else's. They will stand up. This *ministry* will be brief and you normally only speak once.

There will be a period of silence between ministry. Perhaps an explanation of the expression 'moved to speak' might be helpful. Moved by what? The answer is moved by the Spirit. The spirit of God, the divine spirit, the spirit of love, words are sometimes not enough but probably you have a good idea of what is meant.

It is not that we think we want to say something but that we must say it, i.e. 'moved'.

8.00 p.m. The door- keeper will shake hands to show the end of the Meeting. They will then be joined by everyone else in shaking hands.

AFTER MEETING

There will be an informal chat and a drink with a brief set of notices. You are very, very welcome to join us for a drink and a chat after meeting. We do not charge for drinks.